

Communication Elements: Aspects / Strategies

Romantic/Sexual

| Channels | Phases | | | | | | |
|------------------|--|---|--|--|---|--|--|
| Modes / Moods | Pre-Approach | Approach | Opening | Interaction Attraction | Interaction Comfort | Escalation | Close |
| Attention | Look | Look | LISTEN | LISTEN | LISTEN | LISTEN | LISTEN |
| Attitude (Inner) | Fun/friendly Attentive Engaged | Fun/friendly Outcome independent High-energy or Curious | Friendly /Playful Outcome independent High-energy or Curious | Playful Outcome independent High-energy or Curious | Trusting / confiding Caring Curious | Attracted Playful Desiring | Daring Outcome independent Presumptive |
| Body Language | Confident | Confident Direct | Confident Open-Hearted Warm | Confident Playful / light touching Indirect | Open Warm (intermittent touching) Turning to / closer | Confident Proximity Touching (more intimate) | Confident Matter-of-Fact Desiring |
| Eye Contact | Unapologetic (confidence) Non-threatening (non-staring) | Steady (confidence) | Intense (briefly) / Steady Engaged | Attentive Playful | Attentive Warm | Intense (intermittent, increasingly) Desiring | Intense Desiring |
| Verbal tone | N/A | N/A | High energy or Curious | Playful Rapport-Breaking | Confidential Warm | Deeper / Slower Rapport-Breaking | Presumptive Rapport-Breaking |
| Verbal content | N/A | N/A | Humor / Open Questions Directing Compliment / Remark | Humor / Open Questions Directing Sexual innuendo | Open Questions Caring Sharing | Directing Confidential Sexual (increasingly) | Directing Explicit Sexual |